EAT. DRINK. SOCIALIZE.

TERRACE CAFÉ

monday - friday | 7:00 am -2:00 pm grab n' go | 24/7

WEEK OF MARCH 31ST

RISE & SHINE \$8.30 monday breakfast tater tot bowl with bacon, eggs, gravy and shredded cheese \$8.30 tuesday tex-mex breakfast sandwich with refried beans, bacon, fried egg, guacamole and salsa roja \$8.30 wednesday meat lovers breakfast bowl with hashbrowns it's national \$9.50 thursday al pastor breakfast burrito supreme friday huevos a la mexicana with spanish rice, spicy black beans and avocado pico de gallo \$9.50

\$8.30 monday carne asada grilled cheese \$9.50 tuesday louisiana hot chicken sandwich wednesday chili cheese burger on brioche \$9.50 \$9.50 thursday chicken parmesan sandwich \$8.30 friday bayou burning love beef burger

friday buffalo chicken calzon

friday baja grilled shrimp tacos (2ea)

monday gochujang chicken lettuce cups

tandoori tuesday chicken korma | tandoori chicken | tikka paneer

monday spinach artichoke goat cheese pizza 💎	\$8.30
tuesday mac and cheese pizza with chicken and bacon	\$8.30
wednesday margherita pizza 🐨	\$8.30
thursday taco pizza with ground beef, refried beans, salsa roja, diced tomatoes, green onions and sour cream	\$8.30

monday crispy shrimp quesadilla		\$10.70	
tuesday mojo pork tacos with cilantro aioli (2ea)		\$8.30	
wednesday smothered chorizo burrito		\$9.50	
thursday carne asada burrito OR burrito bowl	it's national BURRITO	\$9.50	

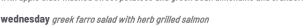
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\$10.7	vian stewed chicken) with solterito and jasmine rice \$10.70
thursday cali style bird dog with chipotle french fries \$10.7	chipotle french fries \$10.70
friday texas brisket white cheddar mac + cheese grilled cheese with french friends friends \$10.7	dar mac + cheese grilled cheese with french frie Alberta CREEK \$10.70

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tuesday herb roasted turkey	é
with apple cider mashed sweet potatoes and green bean almondine and cranberry	sauce

basmati rice | vegetable chettinad | spinach dal | cucumber raita | naan bread | tomato chutney



monday chicken marsala with buttermilk mashed potatoes and garlic broccolini

thursday chef ricardo's chinese chicken salad \$10.70 \$10.70 friday cajun alfredo chicken pasta

rainbow hursa-webster| food service director rainbow.hursawebster@compass-usa.coml c. 805.350.1166

WEEKLY FEATURES



crispy bbg ranch chicken wrap with bacon

jerk chicken wrap

side salads \$1.90-2.99

dilled potato and apple salad (V) FIT



firecracker watermelon salad (V)



WE'RE CELEBRATING THIS GRILLED CHEESE SANDWICH MONTH

\$8.30

\$10.70

\$10.70

\$11.90

\$11.90

\$13.50

\$1.00-10.00



SOUPS 120Z-\$2.95 | 160Z-\$3.10

MONDAY

tomato lentil 🕕 🚾 chicken noodle soup

TUESDAY

corn chowder (V) chicken quinoa vegetable (FIT)

WEDNESDAY

tomato basil soup (vi) chicken green chili 🕕

THURSDAY mushroom and barley (FIT) chicken pozole

FRIDAY garden vegetable (V) (FIT) clam chowder

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WEEK OF MARCH 31ST



FIT GRILL



NOW BEING SERVED AS BUILD YOUR OWN STYLE



protein choices-\$6.00-10.50

grilled ribeye grilled salmon greek tofu (V)

sides-\$2.50

white rice brown rice quinoa fruit salad roasted broccoli

protein choices-\$6.00-10.50

cajun grilled flank steak haitian creole grilled chicken beyond sausage

sides-\$2.50

white rice brown rice quinoa fruit salad roasted broccoli

protein choices-\$6.00-10.50

grilled flank steak grilled ranch chicken grilled boneless pork chops

sides-\$2.50

mashed potato roasted brussels sprouts firecracker watermelon salad buffalo bleu cheese dipping sauce chipotle bbg sauce

protein choices-\$6.00-10.50

grilled skirt steak sinaloa grilled chicken sinaloa tofu 💎

sides-\$2.50

white rice brown rice black bean corn salad chipotle caesar salad

protein choices-\$6.00-12.50

grilled asada flank steak grilled pollo asado grilled achiote cauliflower

sides-\$2.50

white rice brown rice black bean corn salad chipotle caesar salad

CONNECT WITH US

rainbow hursa-webster| food service director rainbow.hursawebster@compass-usa.com c. 805.350.1166

PLATED

carved to order teriyaki flank steak chicken manchurian steak manchurian

tuesday

carved to order lemon herb tri tip tuscan pork loin rotisserie chicken

WEDNESDAY

carved to order sweet and sour pork loin soy marinated chicken hoisin citrus pork

THURSDAY

carved to order roasted turkey meatloaf rotisserie chicken

FRIDAY

carved to order montreal tri tip spiced ground beef chicken tinga

with daily starch and seasonal vegetables



VEG REV

monday

\$10.70

\$10.70

\$10.70

beyond kung pao beef with steamed rice and vegetable spring roll

chicken fried tempeh

with garlic broccolini, mashed potatoes and mushroom gravy

WEDNESDAY

happy belly miso carrot bowl with tofu, pickled apples and beets with yogurt tahini sauce

THURSDAY

creamy tomato and mushroom pasta with garlic bread



\$10.70

plant based chorizo nachos



